

<b>NAME OF THE INSTITUTION</b>	<b>COLLEGE OF APPLIED SCIENCE, PERISSERY</b>
<b>NAME OF THE EVENT</b>	<b>ENVIRONMENT DAY CELEBRATIONS</b>
<b>Date &amp; Time (dd/mm/yyyy)</b>	<b>05-06-2025</b>
<b>Name, designation, E-mail ID and Mobile phone number of the staff coordinator</b>	<b>ASWATHY LEKSHMI S</b> <a href="mailto:Lekshmi.sreenu@gmail.com">Lekshmi.sreenu@gmail.com</a> <b>MOB:7560854167</b>

**Highlights of the Event/ Report of the Event**

The NSS Unit of the College of Applied Science, Perissery, observed **World Environment Day** on **June 5, 2025**, with great enthusiasm and commitment to environmental sustainability.

The event was **formally inaugurated by the Principal, Dr. G. Sreekumar**, who emphasized the importance of environmental conservation in his address. As a symbolic gesture, he planted saplings in the college premises, marking the beginning of the day's activities. This act underscored the role of afforestation in combating climate change and preserving biodiversity.

As part of the program, an **orientation session** was conducted for the students by **Mr. Vishnu Vasudev**, a research scholar and well-known YouTuber. He delivered an engaging and informative talk on current environmental challenges and the role of youth in building a greener future. His session encouraged students to be proactive in their environmental responsibilities and adopt eco-friendly practices.

The celebration witnessed active participation from NSS volunteers, students, and faculty members, who came together to contribute to the cause of environmental protection. Various awareness activities were also carried out during the day to promote sustainable living.

The event concluded with a vote of thanks and a renewed pledge by the volunteers to continue working toward a cleaner and greener environment.



<b>NAME OF THE INSTITUTION</b>	<b>COLLEGE OF APPLIED SCIENCE, PERISSERY</b>
<b>NAME OF THE EVENT</b>	<b>READING DAY CELEBRATIONS</b>
<b>Date &amp; Time (dd/mm/yyyy)</b>	<b>19-06-2025</b>
<b>Name, designation, E-mail ID and Mobile phone number of the staff coordinator</b>	<b>ASWATHY LEKSHMI S</b> <a href="mailto:Lekshmi.sreenu@gmail.com">Lekshmi.sreenu@gmail.com</a> <b>MOB:7560854167</b>

**Highlights of the Event/ Report of the Event**

The **NSS Unit** of the **College of Applied Science, Perissery** observed **World Reading Day** on **June 19, 2025**, with the objective of promoting reading habits among students and highlighting the importance of literature in personal and social development.

The event was **inaugurated by the Principal, Dr. G. Sreekumar**, who spoke about the relevance of reading in today's fast-paced digital age. He encouraged students to cultivate the habit of reading not only for academic growth but also for broadening their perspectives and enhancing critical thinking.

As part of the celebration, a **Quiz Competition** focusing on literature, authors, and general knowledge was organized for students. The event saw enthusiastic participation from various departments, and the winners were **awarded prizes** in recognition of their knowledge and performance.

The program was a successful initiative by the NSS unit to inspire students to engage more deeply with books and literature, fostering a culture of learning beyond the classroom.



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**Mavelikara, Kerala, India**

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<b>NAME OF THE INSTITUTION</b>	<b>COLLEGE OF APPLIED SCIENCE, PERISSERY</b>
<b>NAME OF THE EVENT</b>	<b>WORLD YOUTH SKILL DAY</b>
<b>Date &amp; Time (dd/mm/yyyy)</b>	<b>15-07-2025</b>
<b>Name, designation, E-mail ID and Mobile phone number of the staff coordinator</b>	<b>ASWATHY LEKSHMI S</b> <a href="mailto:Lekshmi.sreenu@gmail.com">Lekshmi.sreenu@gmail.com</a> <b>MOB:7560854167</b>

**Highlights of the Event/ Report of the Event**

The **NSS Unit** of the **College of Applied Science, Perissery** celebrated **World Youth Skills Day** on **July 15, 2025**, with the aim of empowering students with knowledge about skill development and career opportunities.

The event was **inaugurated by the Principal, Dr. G. Sreekumar**, who emphasized the importance of acquiring practical skills alongside academic knowledge. He encouraged students to take advantage of government initiatives aimed at youth skill development.

As part of the program, an **orientation session** was conducted by **Ms. Anu**, a representative from **K-DISC (Kerala Development and Innovation Strategic Council)**. She provided valuable insights into various skill development initiatives and career opportunities available for youth. The session focused particularly on the **Digital Workforce Management System (DWMS)**, a platform designed to connect skilled youth with potential employers.

During the session, **DWMS registration** was carried out for interested students, enabling them to join the digital skill database and explore future employment prospects.

The program witnessed active participation from NSS volunteers and students across departments. It successfully created awareness about the importance of skill development and government support programs.



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<b>NAME OF THE INSTITUTION</b>	<b>COLLEGE OF APPLIED SCIENCE, PERISSERY</b>
<b>NAME OF THE EVENT</b>	<b>FIRST-AID &amp; CPR TRAINING</b>
<b>Date &amp; Time (dd/mm/yyyy)</b>	<b>21-07-2025</b>
<b>Name, designation, E-mail ID and Mobile phone number of the staff coordinator</b>	<b>ASWATHY LEKSHMI S</b> <a href="mailto:Lekshmi.sreenu@gmail.com">Lekshmi.sreenu@gmail.com</a> <b>MOB:7560854167</b>

**Highlights of the Event/ Report of the Event**

The **NSS Unit** of **College of Applied Science, Perissery** successfully organized a **First Aid and CPR Training Program** aimed at equipping students with essential life-saving skills.

The session was **led by Dr. Murali Appukuttan, Consultant Pediatrician at Sanjeevani Hospital**, who shared his vast medical experience and practical knowledge with the students. The training covered vital topics such as emergency response, basic first aid procedures, and step-by-step guidance on performing Cardiopulmonary Resuscitation (CPR). The session was both informative and interactive, allowing students to clarify their doubts and participate in demonstrations.

The event began with a **welcome address by NSS Volunteer Secretary, Ms. Niranjana R. Anil**, who extended a warm welcome to the resource person and the attendees. She also highlighted the importance of such training programs in empowering students to act confidently during emergencies.

At the end of the session, **Mr. Gokul Raj**, also an NSS Volunteer Secretary, delivered the **vote of thanks**, expressing gratitude to Dr. Murali Appukuttan for his valuable time and guidance.

The training session was a great success and received positive feedback from the participants. It helped raise awareness among students about the importance of timely medical response and prepared them to assist others in critical situations.



<b>Name of the Institution</b>	<b>College of Applied Science, Perissery</b>
<b>Name of the Event</b>	<b>Teachers Day Programme</b>
<b>Date &amp; Time (dd/mm/yyyy)</b>	<b>11-09-2025</b>
<b>Name, designation of the staff coordinator</b>	<b>Aswathy Lekshmi S, Reshma R NSS Programme Officers</b>

### **Highlights of the Event/ Report of the Event**

The **NSS Unit of College of Applied Science, Perissery** celebrated **Teachers' Day** on **September 5th** with great enthusiasm and respect to honor the invaluable contributions of teachers. The event was organized to commemorate the birth anniversary of **Dr. Sarvepalli Radhakrishnan**, former President of India and an eminent teacher, whose life and work continue to inspire generations of students.

The programme began with a formal function held at the college auditorium. The principal, faculty members, and students attended the event. The function started with a prayer followed by a welcome address by an NSS volunteer. The **Principal** delivered an inspiring speech highlighting the role of teachers in shaping the character and future of students. Several students expressed their gratitude by sharing heartfelt speeches, poems, and memories about their teachers.

As part of the celebration, students delivered heartfelt speeches expressing their love, respect, and gratitude towards their teachers. They shared personal experiences and acknowledged the invaluable role teachers play in shaping their lives. To make the occasion even more special, students also presented **precious gifts** to their teachers as a token of appreciation and affection. The gesture added warmth and joy to the event, creating a memorable moment for everyone present.

The event concluded with a vote of thanks. The celebration reflected the true spirit of Teachers' Day — recognizing and expressing gratitude to those who dedicate their lives to education and character building.

The programme was a memorable one, strengthening the bond between students and teachers and reminding everyone of the noble role teachers play in society.



<b>Name of the Institution</b>	<b>College of Applied Science, Perissery</b>
<b>Name of the Event</b>	<b>Vidya Daan</b>
<b>Date &amp; Time (dd/mm/yyyy)</b>	<b>12-09-2025</b>
<b>Name, designation of the staff coordinator</b>	<b>Aswathy Lekshmi S, Reshma R NSS Programme Officers</b>

**Highlights of the Event/ Report of the Event**

The **NSS Unit of College of Applied Science, Perissery** organized an outreach programme titled “**Vidya Daan**” on *12/09/25* at **Ennakad UP School**. The event aimed to promote educational support and inclusivity by providing study materials to economically disadvantaged students.

The programme was inaugurated by Dr. G Sreekumar, *Principal*, who appreciated the initiative and encouraged the volunteers to continue their noble service. During the event, NSS volunteers distributed notebooks, pens, pencils, and other essential learning materials to the school children. They also interacted with the students, motivating them to work hard and pursue their dreams through education.

Teachers and staff members of Ennakad UP School expressed their heartfelt gratitude to the NSS Unit for their thoughtful contribution. The cheerful smiles of the children reflected the true essence of the event.

“**Vidya Daan**” successfully reinforced the NSS motto — “*Not Me, But You*” — by spreading the joy of learning and emphasizing the importance of education as a tool for empowerment and social change.



<b>Name of the Institution</b>	<b>College of Applied Science, Perissery</b>
<b>Name of the Event</b>	<b>NSS Day</b>
<b>Date &amp; Time (dd/mm/yyyy)</b>	<b>24-09-2025</b>
<b>Name, designation of the staff coordinator</b>	<b>Aswathy Lekshmi S, Reshma R NSS Programme Officers</b>

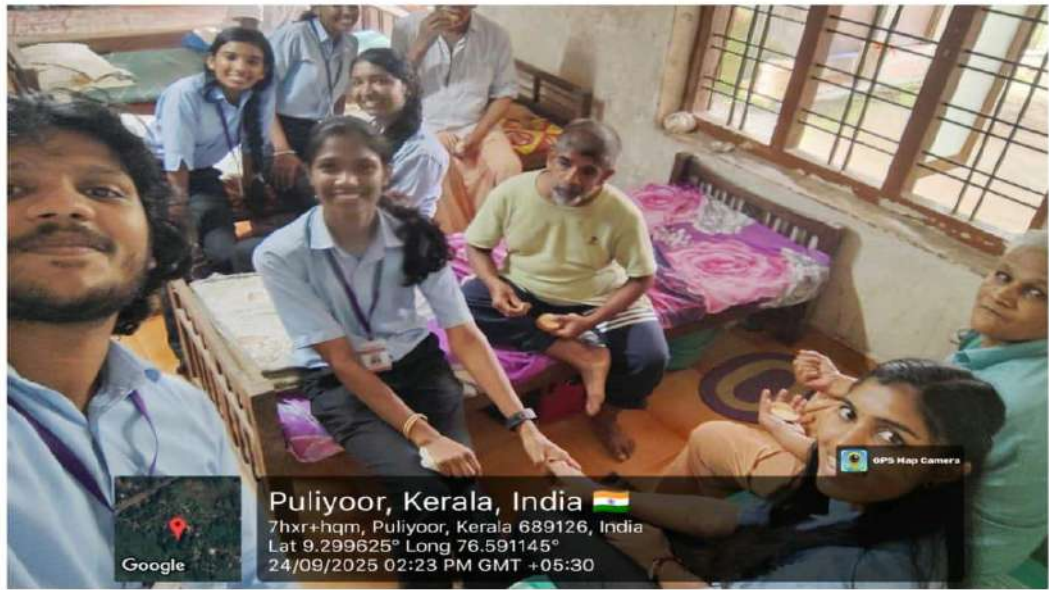
**Highlights of the Event/ Report of the Event**

As part of the **NSS Day** celebrations, the **NSS volunteers of College of Applied Science, Perissery** visited an **old age home** on 24/09/25 with the aim of spreading love, care, and companionship among the elderly residents. The visit was organized to promote the spirit of service and compassion, which lies at the core of the NSS motto — *“Not Me, But You.”*

The volunteers spent quality time interacting with the inmates, listening to their life experiences, and engaging them in friendly conversations and light activities. The visit brought smiles and warmth to the residents, creating a joyful and emotional atmosphere.

As part of the visit, the volunteers also **contributed essential food materials and groceries** to support the daily needs of the old age home. The management and residents expressed their heartfelt gratitude for the thoughtful gesture and the time spent with them.

The programme provided a deeply moving experience for the volunteers, reminding them of the importance of empathy, respect, and service toward the elderly. The event concluded successfully, leaving lasting impressions on both the volunteers and the residents of the home.



<b>Name of the Institution</b>	<b>College of Applied Science, Perissery</b>
<b>Name of the Event</b>	<b>Women Empowerment Programme</b>
<b>Date &amp; Time (dd/mm/yyyy)</b>	<b>09-10-2025</b>
<b>Name, designation of the staff coordinator</b>	<b>Aswathy Lekshmi S, Reshma R NSS Programme Officers</b>

### Highlights of the Event/ Report of the Event

The NSS Unit of College of Applied Science, Perissery organized a **Women Empowerment Programme** for the girl students of the college in association with **Puliyoor Panchayath** on *09/10/2025*. The programme aimed to educate and motivate young women about their rights, self-confidence, leadership, and overall personal development.

The event was inaugurated by **Panchayath President Sreekumar**, who emphasized the importance of empowering women for the progress of society and encouraged the students to actively participate in community development initiatives.

The programme included interactive sessions, workshops, and motivational talks covering topics such as gender equality, self-defence, career guidance, and health awareness. Students actively participated in discussions, asked questions, and shared their experiences.

The programme concluded with a vote of thanks and the distribution of informational handouts to the participants. The event was highly successful in inspiring and motivating young women, fostering awareness about their rights, and instilling confidence to become responsible and empowered citizens.

